



SUPPORT | EDUCATION | RESEARCH | AWARENESS



## Growing Understanding Of Myasthenia Gravis Biomarkers May Result in Improved Treatment Outcome of Patients

By Kourosh Rezania, MD  
University of Chicago

### What Is A Biomarker?

A biomarker is defined as a specific characteristic that is measured to indicate a normal biological process, a disease process or response to an intervention, including a therapeutic treatment. Biomarkers can include molecular, histologic, radiographic, or physiologic characteristics. Examples include specific proteins in the blood, genetic variations, or images from scans.

In short, a biomarker is a measurable sign that can tell us about the state of a person's health or how the body is responding to a treatment.

[Read more...](#)



## Serving The Conquer MG Community: A Board Member's Journey With Us

A key part of the Conquer MG story is the Board of Trustees. The legacy and work of this directly impact those in the MG community.

Current board member, Alicia Peconio, spoke with Maria Zepeda (who served on the board from 2020-2024) about the experience of serving and shares some of their conversation here.

**Alicia:** Conquer MG is a small organization that serves a specific community. How did you find us and what is your connection to myasthenia gravis?

**Maria:** I was diagnosed with Musk MG in 1998 at the age of 23 after 3 months of suffering from symptoms. I learned about Conquer MG as I was constantly seeking ways to feel better. Conquer MG was a source of information and support including education presentations delivered by local doctors. As I continued along my MG journey, Conquer MG became a part of my life. I knew I wanted to support the organization to do my part in assuring its longevity.

It has taken a long time to get my MG under control. My early treatment included Mestinon and prednisone. Years later, CellCept® was added. In 1999, I had a thymectomy and several rounds of IVIg. Most recently, I started Rituximab infusions and have finally weaned off prednisone after 26 years, I am finally symptom-free.

[Read more...](#)

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**ARE YOU  
READY TO  
LEAD?**

## Join the Conquer MG Board And Have An Impact On Our MG Community

Help us ensure a strong vision that brings information,  
value and connection to anyone touched by  
myasthenia gravis.

If you are interested in learning more, contact the  
office [info@myastheniagravis.org](mailto:info@myastheniagravis.org).



**WE  
NEED  
YOU!**

**CONQUER MG**  
Conquer Myasthenia Gravis

**Attend This FREE In-Person MG Education  
Event**



# CONQUER MG

## RESOURCE FAIR

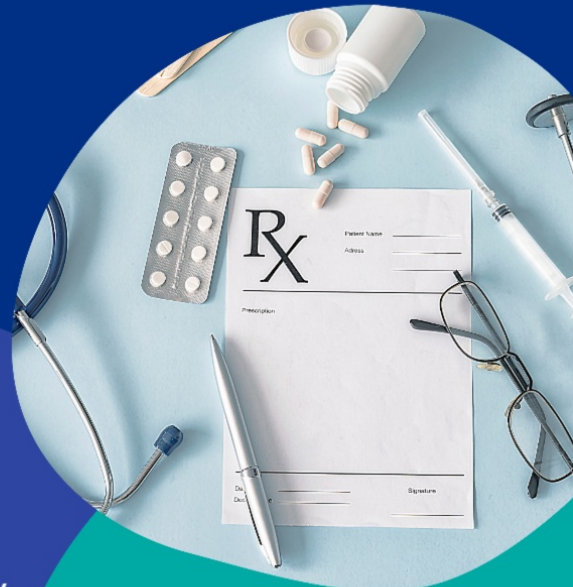
CONNECT LEARN SUPPORT

**Saturday, November 9**

Parkway Christian Church  
2700 Lindburgh Blvd.,  
Springfield, IL  
1:00 - 4:00pm

### Learn About Living With MG

- Hear from experts in the field.
- Connect with others who are also living with MG.
- Learn more about managing your disease.
- Bring your support network of family and friends to learn with you.

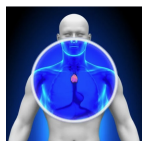


**This event is FREE to attend!**

**For more information:**  
[info@myastheniagravis.org](mailto:info@myastheniagravis.org)

**Register  
Today**

## News You May Have Missed



**Thymectomy In The Treatment Of Ocular Myasthenia Gravis**

[Link To Study](#)



**Analysis Supports Use Of Newer PRO Scale In Myasthenia Gravis Trials**

Data from a new study support the use of a newer patient-reported outcomes (PROs) scale for collecting patient perspectives on myasthenia gravis symptoms in clinical trials.

[Link To Article](#)



## Greater Myasthenia Gravis Exacerbation Risk Tied To Active Disease

Researchers suggest early escalation of MG therapies to prevent crises.

[Link To Article](#)



## Scientists ID Potential Biomarkers To Help In MG Diagnosis

Set of inflammatory molecules also could prove useful for classifying MG.

[Link To Article](#)

Explore potential financial assistance programs.



**VYVGART®**  
(efgartigimod alfa-icab)  
Injection for Intravenous Use  
400 mg/20 mL vial

**VYVGART® Hytrulo**  
(efgartigimod alfa and hyaluronidase-qvfc)  
Subcutaneous Injection  
180 mg/mL and 2000 U/mL vial

# Join A Support Group



### Anywhere MG Virtual Support Group

2nd Tuesday of each month at 2:00 pm

Dates: September 10, October 8, November 12, December 10

[\(Register\)](#)



### Anywhere MG Virtual Support Group

3rd Thursday of each month at 2:00 pm

Dates: September 19, October 17, November 21, December 19

[\(Register\)](#)



### Chicago South & West Support Group

Virtual meeting on Sunday, November 10 at 4:00 pm ([Register](#))



### Men's MG Support Group Meeting

Virtual meetings on Thursdays at 6:30 p.m.

Register for each meeting separately: September 12 ([Register](#)), November 14 ([Register](#))



### Chicago North MG Support Group

Saturdays at 10:00 a.m.

September 21, December 14

The Levy Center (Library Room),  
300 Dodge Avenue, Evanston, IL



### Springfield MG Support Group Meeting

Sundays at 3:00 p.m.

September 15, October 20, November 17, December 15

Parkway Christian Church,  
2700 Lindbergh Blvd., Springfield, IL



Follow us on Facebook and Instagram to get up-to-the-minute support group announcements including guest speaker information.

Northwest Indiana MG Support Group

10:00 a.m. on Saturday, October 19

Lake County Public Library  
Dyer-Schererville Branch  
1001 West Lincoln Hwy.,  
Schererville, IN

< Conquer Myasthe...  



**Conquer Myasthenia Gravis**

2.8K followers · 11 following

Welcome to Conquer MG! We support MG patients in Illinois, northwest Indiana, southeast Wisconsin an

Your Life, Your Reality

**CONQUER MG**  
Conquer Myasthenia Gravis

Those living with myasthenia gravis face various medical expenses. Which option below best describes your annual financial disease burden?

WHAT ARE YOU TYPICALLY SPENDING OUT-OF-POCKET?

Under \$1,000 annually 0%



## Patient Assistance Program



Conquer MG offers financial assistance to myasthenia gravis patients who live in Illinois, Indiana, or Wisconsin, and who can demonstrate financial need.

This program will help cover the cost - up to \$1,000 - for items such as prescriptions, doctor visits, medical equipment, and therapies.

Click to [download an application](#).

## Donate To The Cause



**Make A Difference!**



Just \$50 contributes to creating community so that MG patients can learn, feel less alone in their disease and get support that reduces the burden of care.

**THANKS, SPONSORS!**



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**Connect with Us!**



Conquer MG | 4055 W. Peterson Ave. Suite 105 | Chicago, IL 60646 US

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