

MG Minute

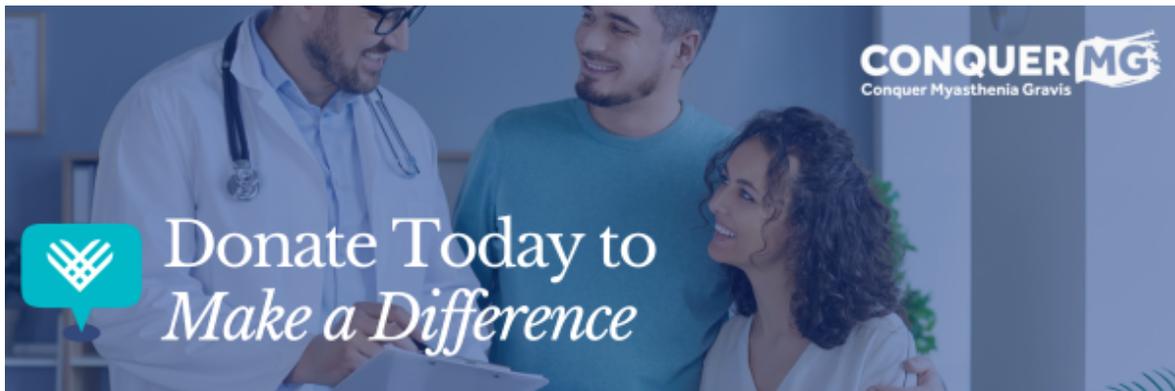
CONQUER MG

Conquer Myasthenia Gravis

Serving Illinois, Northwest Indiana,
and Southeast Wisconsin

SUPPORT | EDUCATION | RESEARCH | AWARENESS

Giving Tuesday: Your Support Changes Lives



Today, on Giving Tuesday, your gift to Conquer MG can make a real difference. Every donation helps patients manage daily challenges, access vital resources, and support groundbreaking research to improve treatments for myasthenia gravis.

Because of community members like you, Conquer MG can provide financial assistance, patient advocacy, and educational programs that empower people living with MG.

[Donate Today](#)

Stories That Inspire

Even in difficult moments, the MG community shows incredible strength.

Alicia J. Peconio, Board Chair of Conquer MG, faced a myasthenic crisis this past summer. Her story reminds us why advocacy, preparation, and community support are so important.



At the Hospital

story by Alicia J. Peconio, Board Chair of ConquerMG

I was diagnosed with myasthenia gravis (MG) in 2016, and for the most part, my journey had been stable. That changed this past summer when an infection and dental issue left me fatigued and weak, leading to a myasthenic crisis that required intubation and a week in the ICU.

From this experience, I learned **how important it is to be prepared.**

I keep an emergency bag ready with my medications, a medication list and medical history, an MG fact sheet, care directives, chargers, comfortable clothing, a neck pillow, and ways to entertain myself like books or headphones.

Having a trusted friend or family member to advocate and communicate for me is critical, especially since many hospital staff have limited knowledge of MG.

I also make sure to manage medications carefully and ask questions about any prescribed care. I review after-care instructions, speak up if something seems wrong, and contact a patient advocate or file a complaint if necessary. Clear communication about my typical health baseline and current symptoms has helped ensure I receive the best care possible.

No one knows my body or how MG affects it better than I do. Being prepared, informed, and able to use your voice, even when feeling weak, makes a real difference.

Even in challenging moments, there is hope. By sharing our stories and advocating for ourselves, we can improve care for the MG community, support one another, and make a positive difference together.

For resources on hospital visits, emergencies, or ways to get involved in patient advocacy, [learn more here.](#)

If you are interested in learning more about patient advocacy or becoming an advocate yourself, consider [joining the ConquerMG Board.](#) We are always looking for community members to help expand our reach.

Support the Patient Assistance Program



Your Giving Tuesday gift directly supports MG patients in need. Conquer MG's Patient Assistance Program helps cover the cost of prescriptions, doctor visits, medical equipment, and therapies—up to \$1,000 per patient. Every donation ensures someone living with MG gets the care they need to thrive.

[Donate To The Cause](#)

Join the Board or Lead a Support Group



Want to make a lasting impact in the MG community?

Be part of the Conquer MG Board or lead a Support Group to share your time and talents to help raise awareness about myasthenia gravis. Together, we can empower patients and create lasting impact.

[Ask About How You Can Help](#)

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