

# MG Minute

**CONQUER MG**

Conquer Myasthenia Gravis

Serving Illinois, Northwest Indiana,  
and Southeast Wisconsin

SUPPORT | EDUCATION | RESEARCH | AWARENESS

## MG Stories

### Resilience with gMG

*Anonymous contribution*

My journey with generalized myasthenia gravis began in 2013, shortly after my first hip surgery. At the time, I wasn't sure if my symptoms were related, especially since I had also undergone a double bypass in 1997. My speech was affected and I was having trouble pronouncing my words, so at first, I thought it might be heart-related.

I saw a neurologist who asked a few questions and had me do some physical movements. That is when he diagnosed me with gMG. I was shocked; I could not even pronounce the word myself. He prescribed medication and asked me to return in three months. Over time, we adjusted doses as new symptoms appeared.

I have had 26 surgeries since I was 21, and there are too many symptoms to describe fully. Now in my 80s, between age and this illness, life is not easy. I pray daily for strength and guidance to get through my chores. I am partially disabled and widowed, and this is a very debilitating illness.

It is not contagious to anyone else, so I often wonder why it is classified as a disease. Finding a doctor familiar with gMG in my area has been frustrating, but I keep going one day at a time.



Your Voice  
Matters.  
Tell Your  
MG  
Journey.



For resources on hospital visits, emergencies, or ways to get involved in patient advocacy, [learn more here](#).

Want to tell your MG Journey?

If you are interested in learning more about patient advocacy or becoming an advocate yourself, consider [joining the ConquerMG Board](#). We are always looking for community members to help expand our reach.

[Share your Story Here](#)

## Columns about MG

### I'm Learning to Live With My MG Body in a New Way and Love it Anyway

MG News



Loving your body is easy advice to give when your body behaves. When it wakes up when you do, moves when you ask, and carries you through the day without protest.

But when you live with myasthenia gravis (MG), the relationship you have with your body becomes something far more complicated. It becomes part partnership, part negotiation, and part uneasy truce.

[Read more...](#)

## Join A Support Group



### Anywhere MG Virtual Group

Meetings are on the second Thursday of each month at 2:00 p.m. CT

- Feb. 12
- Mar. 12



### Chicago South & West Support Group

Meetings are on Sunday at 1:00 p.m. CT

- Feb 8

- Apr. 9
- May 14
- June 11
- July 9
- Aug. 13
- Sept. 10
- Oct. 8
- Nov. 12
- Dec. 10

[Register to join](#)

- May 17
- Aug 9
- Nov 8

[Register to join](#)



### Women's MG Support Group Meeting

Meets quarterly, fourth Thursday

- Feb. 19
- May 28
- Aug. 27
- Nov. 19

[Register to join](#)



### Men's MG Support Group Meeting

Meets quarterly, third Thursday

- Mar. 19
- June 18
- Sept. 17
- Nov. 19

[Register to join](#)



### Chicago North MG Support Group

Saturdays at 10:00 a.m. CT

- Feb. 7
- April 11
- June 20



### Springfield MG Support Group Meeting

Meetings on the third Sunday of the month at 2:00 p.m. CT

- Feb. 15 (virtual on ZOOM)

- Aug. 8
- Oct. 10
- Dec. 12

The Levy Center (Library Room), 300 Dodge Avenue, Evanston, IL

- Mar.15
- Apr. 19
- May 17
- July 19
- Aug.16
- Sept. 20
- Oct. 18
- Nov. 15

Parkway Christian Church, 2700 Lindbergh Blvd., Springfield, IL

**No Meetings in June or December**

Email [info@myastheniagravis.org](mailto:info@myastheniagravis.org) for Zoom link



### Northwest Indiana MG Support Group

Meets quarterly, second Saturday of the month at 10:00 a.m. CT

- March 14
- May 16
- August 8
- October 10

Dyer-Schererville Public Library: 1001 W. Lincoln Hwy., Schererville, Ind.



### What about other Conquer MG Support Groups?

We are seeking support group leaders for the Rockford, Quad Cities. Connect with us if you are interested, we can help you get started.

Email us at: [info@myastheniagravis.org](mailto:info@myastheniagravis.org)

**Make an Impact**

**ARE YOU  
READY TO  
LEAD?**

## Join the Conquer MG Board And Have An Impact On Our MG Community

Help us ensure a strong vision that brings  
information, value and connection to anyone  
touched by myasthenia gravis.

If you are interested in learning more, contact the office [info@myastheniagravis.org](mailto:info@myastheniagravis.org)



**CONQUER MG**  
Conquer Myasthenia Gravis

## Patient Assistance Program



Conquer MG offers financial assistance to myasthenia gravis patients who live in Illinois, Indiana, or Wisconsin, and who can demonstrate financial need.

This program will help cover the cost - up to \$1,000 - for items such as prescriptions, doctor visits, medical equipment, and therapies.

Click to [download an application](#).

## Donate To The Cause



# Make A Difference!



[www.myastheniagravis.org](http://www.myastheniagravis.org)

Just \$50 contributes to creating community so that MG patients can learn, feel less alone in their disease and get support that reduces the burden of care.

## THANK YOU SPONSORS!



### Connect with Us!



Conquer MG | 4055 W. Peterson Ave. Suite 105 | Chicago, IL 60646 US

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