

MG Minute

CONQUER MG

Conquer Myasthenia Gravis

Serving Illinois, Northwest Indiana,
and Southeast Wisconsin

SUPPORT | EDUCATION | RESEARCH | AWARENESS

MG Stories

Finding Strength and Hope with MG

Story by Dr. Thomas N. Marino

I have been living with MG for 18 years.

For the first 16 years, I underwent plasmapheresis every other week, which was very wearing on my body. I would have treatment on a Wednesday and be unable to function until Friday. I tried to continue practicing as a family physician, but eventually had to retire at 58, which was devastating. During that time, I also faced a serious battle with depression and needed psychological and psychiatric support.

Over the years, I found stability and ways to stay engaged in meaningful work. I have served on the admissions committee at my medical college for the past 11 years, which has been deeply fulfilling. More recently,

I switched to IVIG treatment under the care of a neuromuscular specialist. The treatment is much gentler on my body. I now have more energy, less muscle weakness, and a greater ability to live a full life.

I share my story to give hope to others newly diagnosed with MG. With proper care, support, and perseverance, it is possible to regain strength, find purpose, and continue contributing in meaningful ways. I would be happy to speak with anyone navigating this



Your Voice
Matters.
Tell Your
MG
Journey.



journey to share insights about treatment and living with MG.

Want to tell your MG Journey?

Share your Story Here

For resources on hospital visits, emergencies, or ways to get involved in patient advocacy, [learn more here](#).

If you are interested in learning more about patient advocacy or becoming an advocate yourself, consider [joining the ConquerMG Board](#). We are always looking for community members to help expand our reach.

News about MG

Top 10 MG news stories of 2025

MG News



2025 brought important news and inspiring stories for the Myasthenia Gravis community. From FDA approval of Imaavy and promising results with Vyvgart to the launch of the NKX019 cell therapy trial, patients have new treatment options.

Experts and patients also shared practical strategies for daily life, while research highlighted ways to improve outcomes during severe episodes. Read these top stories to learn more about treatments, insights, and advances in MG care.

Read more...

Join A Support Group



Anywhere MG Virtual Group



Chicago South & West Support Group

Meetings are on the second Thursday of each month at 2:00 p.m. CT

- Feb. 12
- Mar. 12
- Apr. 9
- May 14
- June 11
- July 9
- Aug. 13
- Sept. 10
- Oct. 8
- Nov. 12
- Dec. 10

[Register to join](#)

Meetings are on Sunday at 1:00 p.m. CT

- Feb 8
- May 17
- Aug 9
- Nov 8

[Register to join](#)



Women's MG Support Group Meeting

Meets Quarterly on Thursday

- Feb. 26
- May 28
- Aug. 27
- Nov. 26

[Register to join](#)



Men's MG Support Group Meeting

Meets Quarterly, 3rd Thursday

- Mar. 19
- June 18
- Sept. 17
- Nov. 19

[Register to join](#)



Chicago North MG Support Group



Saturdays at 10:00 a.m. CT

- Feb. 7
- April 11
- June 20
- Aug. 8
- Oct. 10
- Dec. 12

The Levy Center (Library Room), 300
Dodge Avenue, Evanston, IL

Springfield MG Support Group Meeting

Meetings on the third Sunday of the month at 2:00 p.m. CT

- Feb. 15 (virtual on ZOOM)
- Mar.15
- Apr. 19
- May 17
- July 19
- Aug.16
- Sept. 20
- Oct. 19
- Nov. 15

Parkway Christian Church, 2700
Lindbergh Blvd., Springfield, IL

No Meeting in June or December

Email info@myastheniagravis.org for Zoom link



Northwest Indiana MG Support Group

Meets Quarterly second Saturday of the month at 10:00 a.m. CT

- March 14
- May 16
- August 8
- October 10

Schererville Dyer Library, 1001 West
Lincoln Hwy, Schererville, IN



What about other Conquer MG Support Groups?

We are seeking support group leaders for the Rockford, Quad Cities. Connect with us if you are interested, we can help you get started.

Email us at:
info@myastheniagravis.org

Make an Impact

**ARE YOU
READY TO
LEAD?**

**Join the Conquer MG Board And Have An
Impact On Our MG Community**

Help us ensure a strong vision that brings
information, value and connection to anyone
touched by myasthenia gravis.

If you are interested in learning more, contact the office info@myastheniagravis.org



CONQUER MG
Conquer Myasthenia Gravis

Patient Assistance Program



Conquer MG offers financial assistance to myasthenia gravis patients who live in Illinois, Indiana, or Wisconsin, and who can demonstrate financial need.

This program will help cover the cost - up to \$1,000 - for items such as prescriptions, doctor visits, medical equipment, and therapies.

Click to [download an application](#).

Donate To The Cause



Make A Difference!



www.myastheniagravis.org

Just \$50 contributes to creating community so that MG patients can learn, feel less alone in their disease and get support that reduces the burden of care.

THANK YOU SPONSORS!



Connect with Us!



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