



Myasthenia Gravis
Foundation of Illinois, Inc.



Upcoming Support Group Dates - 2014

Chicago - North Suburban

Saturday, May 17
Fall Date TBD

Chicago - South Suburban

Sunday, May 18
Other Dates TBD

Chicago - West Suburban

Sundays
May 18
August 17
November 16

Peoria

Sundays
June 29
October 19

Rockford

Saturdays
July 12
October 11

Springfield, IL

Sundays
May 18
July 20
August 17
September 21
October 19
November 16

NW Indiana - Schererville

Saturdays
May 31
August 2
October 4

Ames, IA

Saturdays
June 14
September 13
December 16

Get Connected!

Getting connected to the best resources makes a big difference with your health. Occasionally a connection is just good fortune: at last year's Strides Against MG Walk, two high school friends were reunited! Janet Bauer (R), MG patient, was delighted to run into volunteer Lisa Volpe (L) whose aunt has MG. As Walt Disney would say, "It's a small world!"



Wishing you good health and connections,

Joan Wincenten

MGF of Illinois Executive Director

Side Effects of MG Treatments



Sometimes the side effects of MG treatments position themselves front and center in your life. Be sure to join us Sunday, May 4, 2014, at Elmhurst Memorial Hospital, when Dr. Alexandru Barboi from Rush University Medical Center discusses the challenges of balancing MG improvement with other health complications. Click [HERE](#) for details and registration.

Your Job, MG Questions, And Reasonable Accommodations

[Click here](#) for time, address and parking details.

Donate

[Click Here](#) to donate to MGF of Illinois.

[Click Here](#) to donate on behalf of a Strides Against MG Team.

Meet Our Supporters



Walgreens Infusion Services

977-974-4844



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Connect with MGF of Illinois on Facebook to receive the latest updates, share stories and network.

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Via our partner page with Apex Management

Contact Us

New Address:

Contributed by Jessica Hubbard

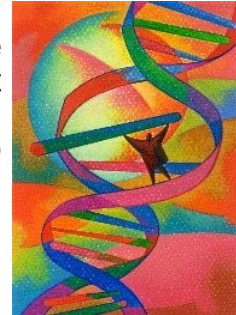
When faced with **questions about MG at your job**, it can be a real challenge to come up with answers that don't feel awkward or cause anxiety. Click [HERE](#) for tips to navigate tricky conversations when your boss or co-workers have questions about MG.



What happens when your MG symptoms interfere with your work? Under the Americans with Disabilities Act (ADA), you may be able to request **reasonable accommodations** that most employers are required to make for employees with disabilities. Click [HERE](#) to learn more.

Norwegian Study Looks at MG Genetic Link

A January 8, 2014 press release from the Research Council of Norway notes that Norwegian researchers have taken part in an international cooperative effort to map 110 genetic variations that increase the risk of multiple sclerosis and myasthenia gravis. Click [HERE](#) to read about the MG genetic links found so far.



Show Mom Some Love



With Mother's Day around the corner, you can show Mom some love and **support MGF of Illinois at the same time!** Visit [iGive.com](#) to access your favorite online stores, and those stores will contribute a small percentage of your purchase to the charity of your choice (hint hint: MGF of Illinois). For instance, currently both Amazon.com and Best Buy will donate 8% of your purchase.

There's no extra cost to you at all, and you even might find some special deals. From now until May 12, *From You Flowers* is offering up to 50% off on Mother's Day tulips and roses. They'll contribute 8% of your purchase to your chosen charity.



**Myasthenia Gravis
Foundation of Illinois**
275 N. York Street, Ste. 401
Elmhurst, IL 60126

info@myastheniagravis.org

Phone: 630-835-0153
Toll Free: 800-888-6208



Be part of the spirit of hope for MG patients! Join **MGF of Illinois** on Sunday, June 1, 2014 for the 2nd Annual Strides Against MG Walk in Elmhurst, Illinois. Following 8 a.m. registration, the event will offer a kids' dash, a 1- and 3-mile walk, raffle prizes, music and a fun time!

Click [HERE](#) for details and registration. NEW THIS YEAR: Create a team! Share your story!

We are very grateful to our Gold Sponsors: [Walgreens Specialty Infusion](#), [AxelaCare](#), and [Elmhurst Fleet Feet](#).



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Myasthenia Gravis Foundation of Illinois | 275 N. York St. | Suite 401 | Elmhurst | IL | 60126