

Share Your Story!



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Begin by answering the following questions to outline your story. You can use your story to structure an “elevator pitch”, which is about 30-90 seconds, to share with members of Congress. This should include the problem, a proposed solution, and a direct ask to the Congress member. You can use this worksheet to guide your thoughts and draft your pitch.

Problem: What issues are you bringing to the attention of your legislator?

Solution: How should the problem be addressed?

Ask: What is your call to action for your legislator?

Advocating for Rare Disease & Sharing Your Story:

Drafting Your Pitch

Hi _____,
NAME OF LAWMAKER

My name is _____ and I am a resident of _____.
YOUR NAME COUNTY/STATE

I'd like to use our time today to discuss _____.
INSERT TOPIC/DISEASE/LAW/FUNDING

The reason why I am advocating for this is because _____.
INSERT PERSONAL STORY (2-3 SENTENCES)

I know you _____.
INSERT RELEVANT CONNECTION/STANCE RELATED TO LAWMAKER (IF APPLICABLE)

What you may not know is that _____.
INSERT TWO POINTS/STATISTICS THAT MAY ENCOURAGE ACTION

I hope you will consider _____.
INSERT ACTION

because it could mean _____.
INSERT BENEFIT

Lastly, do you have any questions for me?

Thank you again for your time.



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