News for the MG Community | August 2025



SUPPORT | EDUCATION | RESEARCH | AWARENESS

MG Stories

From Bicycle Accident to MG Diagnosis

story by Matthew Gerken

In October 2017, a routine bike ride changed my life. I hit a rut in the road, blacked out, and woke up in an ambulance. At first I thought I was fine because my memory seemed intact, and I returned to work after just two weeks. My wife and colleagues quickly noticed that I was struggling with memory, organization, and focus.

Over the next two years, new symptoms appeared. I developed double vision, trouble focusing, eye strain, and difficulty driving at night. Eye specialists prescribed prism glasses, but the problems only grew worse. I was ready to stop driving altogether.

In September 2019, my wife searched "drooping eyelids and double vision." The first result was myasthenia gravis. Every symptom matched what I was experiencing. My primary care doctor ordered a blood test, and within two weeks I had a diagnosis. Three days after starting medication, my double vision was gone. Later that year, I had a thymectomy, which helped stabilize my symptoms.

Today I manage MG with medication, monthly support group meetings, and a commitment to self-advocacy. My symptoms such as fatigue, swallowing difficulties, occasional imbalance, and eye strain are mild compared to what many others face, and I feel fortunate.

To anyone living with MG, stay hopeful, speak up, and push for the care you need. You never know whose life your story might change.



Want to tell your MG Journey?

Share your Story Here

News about MG

Monica Seles Partners with argenx to Raise MG Awareness



Nine-time Grand Slam tennis champion Monica Seles has revealed her diagnosis with myasthenia gravis (MG), which she has been living with since 2022.

She first noticed symptoms such as double vision and weakness in her arms and legs, which made everyday tasks difficult, and is now using her platform to educate and support others.

Partnering with argenx's Go for Greater initiative, Seles hopes to raise awareness, connect patients with support resources, and inspire advocacy in the MG community. "I can raise awareness of this disease, empower patients to advocate for themselves, and help them connect with the MG community," she says.



Read the Full Press Release

Share Your Voice: gMG Focus Group



The Center for Innovation & Value Research is inviting members of the MG community to participate in a virtual focus group to share your experiences with generalized myasthenia gravis (gMG). Your insights as a patient or caregiver are invaluable and will help guide research that reflects the real needs of the community.

Join the gMG Focus Group on Wednesday, August 27 from 11:00 AM to 12:30 PM (ET) In this 90-minute virtual session you will provide feedback on the Patient-Centered Value Research Checklist for Rare Diseases, a tool designed to help researchers better understand patient perspectives in rare disease studies.

This is a unique opportunity to have your voice heard, contribute to meaningful research, and help shape future studies in gMG.

Learn More

A Webinar for the gMG Community



You're invited to an

EVENT

for the gMG community



Join us for a virtual educational event on ${\rm gMG}$

You're invited to join an Alexion-sponsored educational event hosted by your local Patient Education Manager, Maryjo Prince-Paul along with a gMG specialist, Andrew Gordon MD, to learn more about generalized myasthenia gravis and a potential treatment option.



Patient Education Manage Maryjo Prince-Paul Maryjo.Prince-Paul@alexion.com 216-870-5808

Learn

During our discussion, you will learn more about gMG and a potential treatment option. We'll also highlight the resources Alexion offers to support you in your journey.

We know that living with gMG can be challenging. We hope to open discussion and provide meaningful education to empower the gMG patient community.

This event is for anyone who wants to learn more about gMG

Date: September 9, 2025 **Time:** 5:30 PM CST Register at linktr.ee/conquermg_il or scan the QR code:





This event is intended for U.S. patients and caregivers only.



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How is it living with gMG? Join us September 9 at 5:30 PM CST for a virtual educational event with Alexion, Patient Education Manager Maryjo Prince-Paul, and gMG specialist Dr. Andrew Gordon. Learn more about gMG, explore potential treatment options, and discover helpful resources to support your journey, all from the comfort of your home.



Register

Fall Resource Fair - Living with MG



Living with MG

WHAT TO EXPECT

Talk with experts

Drop in anytime to connect one-on-one or in small groups with MG specialists ready to answer your questions.

Meet the MG community

Visit the tables that interest you and share experiences with others living with MG. Discover better strategies

Learn new tips, tools, and approaches to help manage your MG journey more confidently.

VISIT OUR OPEN HOUSE

Saturday **September 13, 2025**

Parkway Christian Church 2700 Lindbergh Blvd., Springfield, IL From 1:00 to 4:00 p.m.



For more information: (800) 888-6208 or info@myastheniagravis.org

Feeling out of spoons? Join us on September 13 in Springfield, IL for a Conquer MG Open House where you can talk with experts, meet others living with MG, and discover strategies to manage your journey with confidence.

RSVP Here

Join A Support Group



Anywhere MG Virtual Support Group

2nd Thursday of each month at 2:00

- September 11
- October 9
- November 13 December 11
- p.m. CT



Chicago South & West Support Group

Virtual Meetings, Sundays at 1:00 p.m. CT

November 9 (Register)



Women's MG Support Group Meeting

Virtual Meetings. Thursdays at 6:00 p.m. CT

- August 28 (Register)
- November 6 (Register)



Men's MG Support Group Meeting

Virtual Meetings. Thursdays at 6:00 p.m. CT

- September 18 (Register)
- November 20 (Register)



Chicago North MG Support Group

Saturdays at 10:00 a.m. CT

- October 4
- December 6

The Levy Center (Library Room), 300 Dodge Avenue, Evanston, IL



Springfield MG Support Group Meeting

Sundays at 2:00 p.m. CT

- September 21
- October 19
- November 16

Parkway Christian Church, 2700 Lindbergh Blvd., Springfield, IL

Email <u>info@myastheniagravis.org</u> for Zoom link



Northwest Indiana MG Support Group



MG Strong Together Support Group

Saturdays at 10:00 a.m. CT

October 11

Schererville Dyer Library, 1001 West Lincoln Hwy, Schererville, IN



What about other Conquer MG Support Groups?

We are seeking support group leaders for the Rockford, Quad Cities. Connect with us if you are interested, we can help you get started.

Email us at: info@myastheniagravis.org

Saturday at 10:00 a.m. CT

November 15

Ascension Alexian Brothers, 800 Biesterfield Road, Elk Grove Village, IL, Room: Kennedy 4

Please use entrance #7 to enter the hospital. (All other entrances are closed on the weekend, parking is free)

Follow us on Facebook and Instagram to get up-to-the-minute support group announcements including guest speaker information.



Conquer Myasthenia Gravis

2.8K followers · 11 following

Welcome to Conquer MG! We support MG patients in Illinois, northwest Indiana, southeast Wisconsin an

Make an Impact



Join the Conquer MG Board And Have An Impact On Our MG Community

Help us ensure a strong vision that brings information, value and connection to anyone touched by myasthenia gravis.

If you are interested in learning more, contact the office info@myastheniagravis.org



Patient Assistance Program

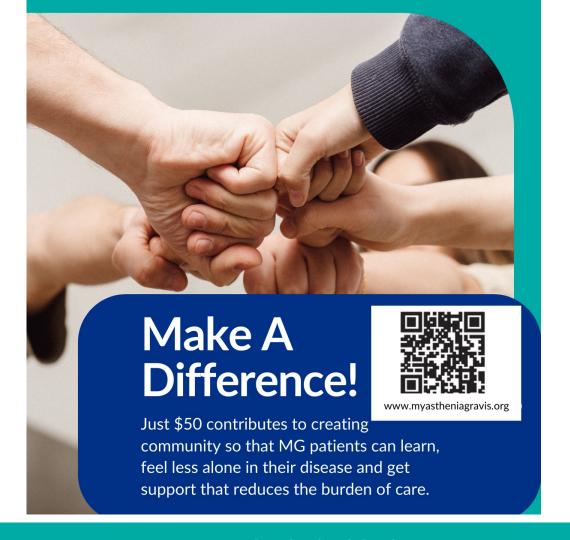


Conquer MG offers financial assistance to myasthenia gravis patients who live in Illinois, Indiana, or Wisconsin, and who can demonstrate financial need.

This program will help cover the cost - up to \$1,000 - for items such as prescriptions, doctor visits, medical equipment, and therapies.

Click to download an application.

Donate To The Cause



THANK YOU SPONSORS!





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