News for the MG Community | July 2025



SUPPORT | EDUCATION | RESEARCH | AWARENESS

MG Stories

The Power of Sharing Your Story

Living with myasthenia gravis can be challenging, especially when others can't see what you're going through. Many in the MG community have shared that it's not just the symptoms that impact their lives, it's the feeling of being misunderstood.

Sometimes, they turn down invitations due to fatigue, only to find that over time, the invitations may stop coming. But even in those moments, there's hope in helping others understand.

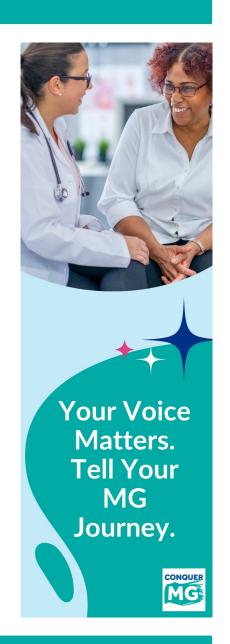
Simple phrases like "I'm out of spoons today" have become a powerful way to express the energy limitations that come with MG.

Comparing MG symptoms to those of more widely known conditions, like MS, can also open the door to better understanding. The more we speak up, the more room we make for empathy.

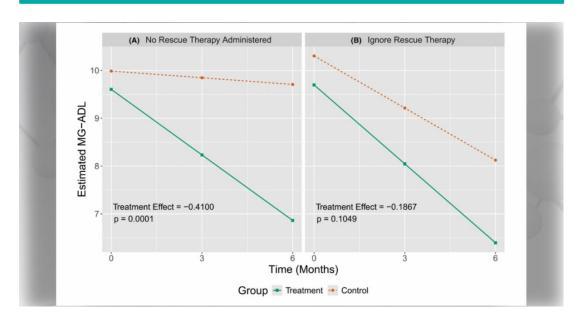
One of our support group participants recently shared how raising awareness among her friends helped someone else get an MG diagnosis, and that's the ripple effect of sharing your story. Every conversation helps.

Whether you're living with MG or supporting someone who is, your voice can spark awareness, compassion, and even life-changing outcomes.

Share your Story Here



News from MGNet





Statistical Solutions Improve Accuracy of Clinical Trials with Rescue Therapy in MG

Clinical trials for myasthenia gravis (MG), a chronic autoimmune neuromuscular disorder, aim to evaluate whether a new therapy can improve patients' symptoms. But what happens if a study participant's symptoms don't improve —or even get worse?

Statistical models can help, says Justin Leach, PhD, an assistant professor in biostatistics at the University of Alabama at Birmingham and author of a recent pilot study funded by the Myasthenia Gravis Rare Disease Network (MGNet).

Learn More



MuSK 1000 is a study by the Myasthenia Gravis Rare Disease Network (MGNet).

This study aims to collect 1000 saliva samples from patients diagnosed with muscle specific kinase (MuSK) myasthenia gravis (MG) so that a Genome wide association study (GWAS) may be conducted. This can help researchers identify variations in the genes with this disease so to better understand causes and insights for targeted treatment.

Eligibility

- · signed consent form
- · diagnosis of MuSK MG
- be willing to provide a saliva sample

Visit our website at musk1000.smhs.gwu.edu for more information If you are interested in participating, please contact us: musk1000@mfa.gwu.edu 202-677-6109



Please scan the QR code to access the study website

MGNet is part of the National Institutes of Health's Rare Diseases Clinical Research Network (RDCRN).







A Rare Diseases Clinical Research **Network Consortium**













Visit the Website

Fall Resource Fair - Living with MG

Feeling out of spoons? Join us on September 13 in Springfield, IL for a Conquer MG Open House where you can talk with experts, meet others living with MG, and discover strategies to manage your journey with confidence.



Living with MG

WHAT TO EXPECT

Talk with experts

Drop in anytime to connect one-on-one or in small groups with MG specialists ready to answer your questions.

Meet the MG community

Visit the tables that interest you and share experiences with others living with MG.

Discover better strategies

Learn new tips, tools, and approaches to help manage your MG journey more confidently.

VISIT OUR OPEN HOUSE

Saturday September 13, 2025

Parkway Christian Church 2700 Lindbergh Blvd., Springfield, IL From 1:00 to 4:00 p.m.



For more information: (800) 888-6208 or info@myastheniagravis.org

RSVP HERE

Join A Support Group



Anywhere MG Virtual Support Group

2nd Thursday of each month at 2:00 p.m. CT

- August 14
- September 11
- October 9
- November 13 December 11



Chicago South & West Support Group

Virtual Meetings, Sundays at 1:00 p.m. CT

- August 10 (Register)
- November 9 (Register)



Women's MG Support Group Meeting

Virtual Meetings. Thursdays at 6:00 p.m. CT

- August 28 (Register)
- November 6 (Register)



Men's MG Support Group Meeting

Virtual Meetings. Thursdays at 6:00 p.m. CT

- September 18 (<u>Register</u>)
- November 20 (Register)



Chicago North MG Support Group

Saturdays at 10:00 a.m. CT

- August 2
- October 4
- December 6

The Levy Center (Library Room), 300 Dodge Avenue, Evanston, IL



Springfield MG Support Group Meeting

Sundays at 2:00 p.m. CT

- August 17
- September 21
- October 19
- November 16

Parkway Christian Church, 2700 Lindbergh Blvd., Springfield, IL

Email <u>info@myastheniagravis.org</u> for Zoom link



Northwest Indiana MG Support Group

Saturdays at 10:00 a.m. CT

- August 2
- October 11

Schererville Dyer Library, 1001 West Lincoln Hwy, Schererville, IN



What about other Conquer MG Support Groups?

We are seeking support group leaders for the Rockford, Quad Cities. Connect with us if you are interested, we can help you get started.

Email us at:

info@myastheniagravis.org



MG Strong Together Support Group

Saturday at 10:00 a.m. CT

November 15

Ascension Alexian Brothers, 800 Biesterfield Road, Elk Grove Village, IL, Room: Kennedy 4

Please use entrance #7 to enter the hospital. (All other entrances are closed on the weekend, parking is free)

Follow us on Facebook and Instagram to get up-to-the-minute support group announcements including guest speaker information.









Conquer Myasthenia Gravis

2.8K followers · 11 following

Welcome to Conquer MG! We support MG patients in Illinois, northwest Indiana, southeast Wisconsin an

Make an Impact



Join the Conquer MG Board And Have An Impact On Our MG Community

Help us ensure a strong vision that brings information, value and connection to anyone touched by myasthenia gravis.

If you are interested in learning more, contact the office info@myastheniagravis.org



Patient Assistance Program



Conquer MG offers financial assistance to myasthenia gravis patients who live in Illinois, Indiana, or Wisconsin, and who can demonstrate financial need.

This program will help cover the cost - up to \$1,000 - for items such as prescriptions, doctor visits, medical equipment, and therapies.

Click to download an application.

Donate To The Cause



THANKS, SPONSORS!





Connect with Us!









Conquer MG | 4055 W. Peterson Ave. Suite 105 | Chicago, IL 60646 US

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