



SUPPORT | EDUCATION | RESEARCH | AWARENESS

13th Annual Viking Challenge for MG - Recap

The 13th Annual Viking Challenge for MG was a bright, feel-good day full of connection and community.

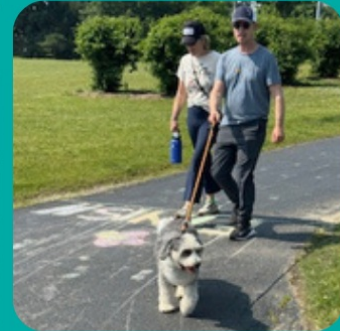
Friends, families, and supporters visited Berens Park to raise awareness for Myasthenia Gravis and support those affected by it.

The vibe was relaxed and positive, with lively discussions, cheering, and simply being by one another all for a good cause.

[Read more...](#)

CONQUER MG
Conquer Myasthenia Gravis







Thank you to our
Viking Challenge for MG sponsors!



Tracy Shackelford MG Service Award

Tammy Carter and Janet Bauer Receive Tracy Shackelford MG Service Award.

This year, the Tracy Shackelford MG Service Award goes to two remarkable advocates: Tammy Carter and Janet Bauer. Their deep commitment and years of leadership in the MG community have left a lasting mark. We're proud to share their stories and celebrate the impact they've made through their service.

[Read more...](#)



News You May Have Missed



[View proclamation...](#)

Governor Pritzker Proclaims June as Myasthenia Gravis Awareness Month

Illinois Gov. JB Pritzker has officially proclaimed June 2025 as Myasthenia Gravis Awareness Month, recognizing the impact of this rare autoimmune neuromuscular disorder that affects approximately 20 in every 100,000 individuals.

Myasthenia Gravis (MG) disrupts the communication between nerves and muscles, resulting in symptoms such as muscle weakness, difficulty chewing, swallowing, and breathing, and profound fatigue. Due to its rarity and complex presentation, MG often goes undiagnosed or misdiagnosed.

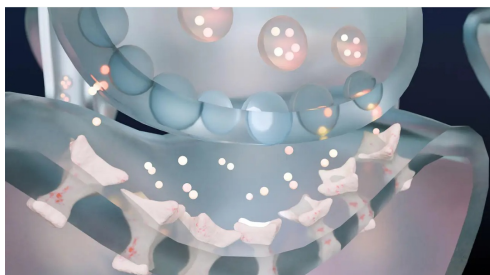
The proclamation highlights our work at Conquer MG, which aims to support those affected by MG through patient services, education, advocacy, and research initiatives.

Gov. Pritzker's declaration calls on all Illinois residents to raise awareness and support efforts to improve diagnosis, treatment, and the search for a cure for this currently incurable disease.

Done at the Capitol in the City of Springfield the 12th day of May in the year 2025, and of the State of Illinois the two hundred and sixth.

[Explore MG Resources](#)

News about Myasthenia Gravis



Black patients were also slightly less likely to receive steroid treatment compared to white patients. However, no major differences were found in access to neurologists or in diagnostic testing rates by race or ethnicity—an encouraging contrast to disparities seen in other neurologic conditions.

Another survey-based analysis (ASPIRE

Disparities in Myasthenia Gravis Care — Differences in Testing and Treatment Emerge

A recent article by Paul Smyth, MD, for MedPage Today highlights that while early diagnosis and treatment are critical for managing Myasthenia Gravis (MG), a recent study shows that treatment approaches can vary depending on a patient's sex or race.

Researchers analyzing data from 4,900 privately insured patients found that women were less likely than men to receive key treatments, including steroids, steroid-sparing agents, and advanced therapies like IVIG or plasmapheresis. This was notable even though women tend to have earlier onset and more severe forms of MG.

study) found that people of color reported longer diagnostic journeys, saw more healthcare providers before diagnosis, and described the process as more stressful compared to white patients.

While the data suggests progress in certain areas, it also highlights the importance of continued education, earlier recognition of symptoms, and more consistent application of treatment guidelines.

Researchers and patients alike are calling for improved provider awareness, better record-sharing systems, and broader efforts to ensure equitable MG care for all.

[Read full article...](#)

MedPage Today is a trusted source for clinical and policy news, providing timely updates tailored to healthcare professionals and medical audiences.

News from MGNet



MGNet's Scholar and Pilot Awardees Research Presentations at the Virtual 2025 MGNet Symposium

At the 2025 virtual MGNet Symposium, Scholar and Pilot Awardees shared research offering new insights and potential advances in Myasthenia Gravis treatment.

Highlighted are studies on antibody profiling, rescue therapy in clinical trials, autoantibodies in MuSK MG, and immunogenomic signatures.

[Watch the Presentations](#)

Join A Support Group



Anywhere MG Virtual Support Group



Chicago South & West Support

2nd Thursday of each month at 2:00 p.m.
Dates: Thursdays on January 9, February 13, March 13, April 10, May 8, June 12, July 10, August 14, September 11, October 9, November 13, December 11

[Register to join.](#)

Group

Virtual Meetings, Sundays at 1:00 p.m.

Register for each meeting separately:
August 10 ([Register](#)), November 9 ([Register](#))



Women's MG Support Group

Thursday's at 6:00 p.m. on

August 28 ([Register](#))
November 6 ([Register](#))



Men's MG Support Group Meeting

Virtual Meetings. Thursdays at 6:00 p.m.
September 18 ([Register](#)), November 20 ([Register](#))



Chicago North MG Support Group

Saturdays at 10:00 a.m.

August 2, October 4, December 6

The Levy Center (Library Room), 300 Dodge Avenue, Evanston, IL



Springfield MG Support Group Meeting

Sundays at 2:00 p.m.

July 20, Aug. 17, Sept. 21, Oct. 19, Nov. 16

No Meeting in April, June or December.

Parkway Christian Church,
2700 Lindbergh Blvd., Springfield, IL

Email info@myastheniagravis.org for Zoom link



Northwest Indiana MG Support Group

Saturdays at 10:00 a.m.

March 15, May 17, August 2, October 11

Schererville Dyer Library,
1001 West Lincoln Hwy, Schererville,
IN



MG Strong Together Support Group

Saturdays at 10:00 a.m.

July 12, November 15

Ascension Alexian Brothers, 800
Biesterfield Road, Elk Grove Village,
IL, Room: Kennedy 4

Please use entrance #7 to enter the
hospital. (All other entrances are
closed on the weekend, parking is
free)



**Become a Support
Group Leader**



What about other Conquer MG Support Groups?

We are seeking support group leaders
for the Rockford, Quad Cities.
Connect with us if you are interested,
we can help you get started.

Email us at:
info@myastheniagravis.org

Follow us on Facebook and
Instagram to get up-to-the-minute
support group announcements
including guest speaker information.



Conquer Myasthenia Gravis

2.8K followers · 11 following

Welcome to Conquer MG! We
support MG patients in
Illinois, northwest Indiana,
southeast Wisconsin and

Make an Impact

**ARE YOU
READY TO
LEAD?**

**Join the Conquer MG Board And Have An
Impact On Our MG Community**

Help us ensure a strong vision that brings
information, value and connection to anyone
touched by myasthenia gravis.

If you are interested in learning more, contact the office info@myastheniagravis.org



CONQUER MG
Conquer Myasthenia Gravis

Patient Assistance Program



Conquer MG offers financial assistance to myasthenia gravis patients who live in Illinois, Indiana, or Wisconsin, and who can demonstrate financial need.

This program will help cover the cost - up to \$1,000 - for items such as prescriptions, doctor visits, medical equipment, and therapies.

Click to [download an application](#).

Donate To The Cause



Make A Difference!



www.myastheniagravis.org

Just \$50 contributes to creating community so that MG patients can learn, feel less alone in their disease and get support that reduces the burden of care.

THANKS, SPONSORS!



Connect with Us!



Conquer MG | 4055 W. Peterson Ave. Suite 105 | Chicago, IL 60646 US

[Unsubscribe](#) | [Update Profile](#) | [Constant Contact Data Notice](#)



Try email marketing for free today!